
OCD North

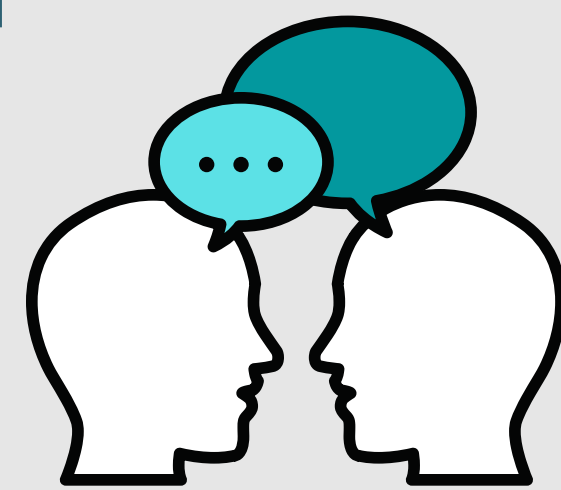
A Family's Guide to Recognizing OCD in Children

Does your child insist on having their questions answered?



Does your child ask for more detail than needed?

This may lead to having bizarre conversations with your child.



Does your child avoid ordinary objects, avoid certain situations or places?



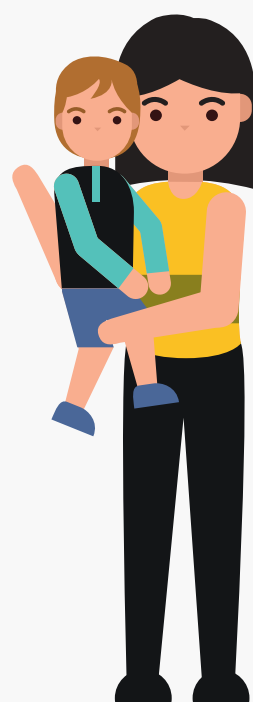
Temper tantrums / Rage:
Towards siblings and parents.

Behaviour may not be exhibited outside of the home.



Family History:

Does the child's parent have OCD or an anxiety disorder?



Seeking reassurance:
Children with OCD will ask questions in attempt to invalidate their fear.

(e.g. "Will I die in my sleep tonight?" or, "Is this clean?")



Slowly progressing symptoms:
checking (e.g. locks), touching, tapping, rubbing, blinking and/or staring increases in frequency.

reduced ability for self-care (e.g. brushing teeth, showering, excessive fatigue, poor appetite).

